



## Risk Assessment

Name of activity, event and location	Cranham Scout Centre Sumo-Suit Wrestling	Date of risk assessment	11/11/2025	Name of person doing this risk assessment	Brandon Ely Operations Manager
		Date of next review	11/11/2026		

What could go wrong? What hazard have you identified? What are the risks from it?	Who is at risk?	What are you going to do about it? How are the risks already controlled? What extra controls are needed? How will they be communicated to young people and adults and remain inclusive to all needs? <b>The Session Leader will...</b>	Review & revise What has changed that needs to be thought about and controlled?
Slips, trips and falls causing injury. Head or neck injury, back injury.	Participants	<ul style="list-style-type: none"> <li>brief participants on safe practice before the session, including the fact that falls are to be expected.</li> <li>ensure that full padded safety equipment including padded headwear is worn and that the activity takes place on mats.</li> </ul>	
Inappropriate behaviour leading to injury	Participants	<ul style="list-style-type: none"> <li>have a group-specific risk assessment in place prior to the session.</li> <li>ensure that only fit participants take part.</li> <li>provide at least one responsible adult, in addition to the instructor, to help manage behaviour during the session.</li> </ul>	
Injury or incident requiring First aid		<ul style="list-style-type: none"> <li>have a mobile phone which has sufficient signal with them during the session.</li> <li>have a first-aid box and be able to contact a first aider who is on site during the session.</li> <li>report all accidents/injuries via the QR code displayed on site, or failing that, directly to the Operations Manager.</li> </ul>	

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**Review due:-**

A risk assessment needs reviewing if circumstances change but also schedule regular reviews to ensure they are current, recommended every 12 months? The review must include a detailed look at each element of the risk assessment in order to establish if any change is required.

Don't forget, as part of your programme planning, you should have contingency activities in reserve just in case you can't do what was planned or you need to stop halfway through. Make sure this is shared with those involved, so everyone knows how to respond. You should have risk-assessed contingency activities prior to them taking place and communicated key information to those involved, as with all activities.